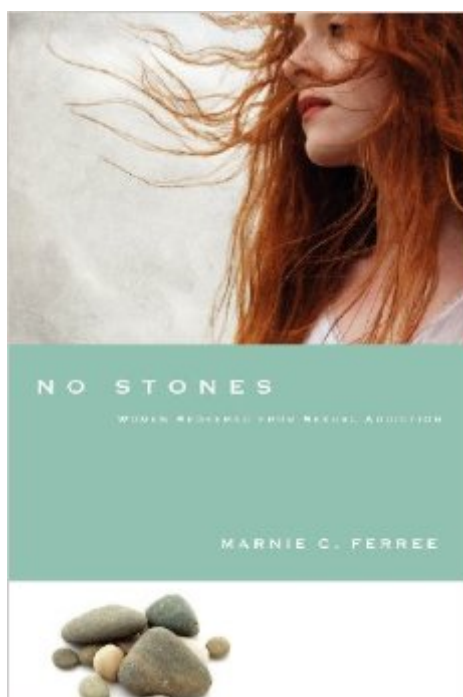


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# No Stones: Women Redeemed From Sexual Addiction



## Synopsis

In this book Marnie C. Ferree offers a unique resource for women struggling with sexual addiction. Taking her book's title from the parable where Jesus extends grace to the woman caught in adultery, Ferree bravely shares her own story of sexual addiction, recalling her years of shame from living a double life and the moment when she ultimately had to tell the truth. But more than just offering her story as a hopeful example of God's transforming power, Ferree distills her clinical expertise on female sexual addiction accessibly and gently, providing a much-needed resource for women struggling with any degree of relational or sexual addiction. Ferree details the roots of addiction in family trauma and offers clear-eyed advice as both a counselor and a "grateful recovering sex addict" on how to achieve sobriety and healing. Written by a counselor who understands the condition from the inside out, *No Stones* offers practical help for those battling sexual addiction. It also includes a specific chapter for anyone in close relationship with an addict, whether a spouse, family member, or friend, who wants to come alongside women as they seek help. Important for pastors and church leaders, this book will also be a much sought-after resource for Christian counselors and therapists counseling women who grapple with this type of addiction.

## Book Information

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## Customer Reviews

I admit it, I was afraid to buy this book. I saw it on the shelf at the Christian book store, and I just couldn't believe my eyes. A book about sexual addiction? For women? At the Christian book store? And then I saw the author photo, and I knew.... I. Must. Buy. This. Book. If for no other reason than

to make a statement. I carried around for an hour. What would the clerk say? What would the clerk THINK? Why did I care? I bought it. This is a fabulous book. It's engagingly written and I could hardly put it down. As soon as I finished it the first time (in less than twenty-four hours), I started right back in for a second. It has just the right mix of clinical information, case studies, and anecdotes, backed up with solid, non-judgmental, factual information on not only identifying sexual addictions, but recovering from them. I, frankly, was totally astonished at the number of women who suffer from sexual addictions, and you'd never guess the kinds of women they are. Believe me when I say it could easily be the woman sitting next to you at your Bible study. Even though the author is definitely a Christian, this book could be read by anyone. There is also a chapter for Husbands or other family members and clinicians. Even if you don't need this book, read it. There is going to be someone in your life, at some point, who you know will need it. Then, instead of throwing stones, you can give her this book. (This is a duplicate review of the one I published on LibraryThing.com)

I feel relieved. It is about time the taboo subjects of female sexuality (including masturbation), relationships, and bad choices are discussed. I bought the book for counseling others and saw myself in it. EASY to read, chapters are outlined, and there are questions at the end of each chapter you can think on. Any woman who has ever felt "something" lacking in their relationships; should read this book. We are human, don't be ashamed.

I've personally used this book in over three different support recovery groups. We use it as a foundational 12 week support group to women struggling with sexual addiction. This book is broken up into 3 parts - the basis/explanation of sexual addiction, then the root cause, and how to begin recovery. It's excellent. Most women are not ready to admit to the term "sexual addict" and this book takes the time to explain in such a way a woman can really understand if she truly is addicted and then receive steps to help the process of recovery begin. I recommend following up this book to the L.I.F.E. (Living in Freedom Everyday) series written by the same author for 6 month recovery.

If you buy this book then you are pretty much admitting to yourself that you are a person who has some kind of sexual addiction. Most of this book is geared towards the person with the addiction, but it does address the co-dependent. She doesn't mince any words and addresses all kinds of addiction. I found this book extremely helpful and gave me much to think about. One thing to keep in mind if you have an addiction is that there is no simple bandaid on this problem and requires much effort towards healing and remaining healed. I love that a woman wrote it for women. Know this:

MANY woman have some kind of addiction and don't know where to turn to for help. Society seems to associate addiction as a male problem, but that is simply NOT true.

I bought this book, as I was helping a friend recover from her need to have affairs. It addresses so much more than sexual addiction...it is helping me know my own problems in deeper ways than I've been able to address them before. Excellent reference book.

It's a very helpful Book for women struggling with sexual addiction, their families and friends. It helps to see not only the sexual addiction as an illness that can't be overcome alone, but it does this without taking away the responsibility of the addicted. It also helps to understand that the addiction is a consequences of deeper, hurts, problems and struggles. Sometimes it's brutally honest, but it also gives hope of recovery.

It's a great book but the author expresses a very firm stance on the issue of homosexuality, which I feel, could be very isolating.

In 2002 I got one of the first copies of this excellent book and have been recommending it ever since. I'm so glad to see an updated and expanded edition. So much has been learned about sex and love addiction in recent years, and Marnie Ferree is one of the leading female pioneers in this field. For those who have tearfully asked themselves over and over on the morning after, "What's wrong with me?? Why do I keep doing this?", this book will provide such clarity that they'll not be able to put it down. There's an old saying that fifty-percent of the battle is simply knowing where the battle lies. Ferree powerfully reveals where the battles of sex and love addiction lie and provides a battle plan for victory over them. I highly recommend this book.~Christopher McCluskey, author of *When Two Become One*

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